



All About:

.....

Please read if completing any face to face intervention with me.
Thank you.

Last updated (date):

Hello, my name is:

I like to be called:

My NHS Number is:

I attend (nursery/school/college):

Parental responsibility (PR)/next of kin name and contact details:

Contents of this booklet includes:

Things you **MUST know about me**

Things that are **IMPORTANT to me**

My **LIKES and **DISLIKES****

Useful **NAMES and **CONTACT INFO****

Things you **MUST** know about me

I am allergic to:

I currently take these medications and need support with:

I have these medical conditions:

My feeding and dietary requirements are:

My last GP annual check was:

I have an advanced care plan: YES NO

I have a DNAR (do not attempt resuscitation) in place: YES NO

There are other professionals involved in my care: YES NO (for details please see back pages of this booklet)

Things that are important to me:

Communication - How do I communicate my needs/wants, how do I best understand others?

Seeing/hearing support - Do I wear glasses or hearing aids?

Eating/drinking - Do I need support? How do I show that I am hungry or thirsty?

Toileting - How do I show that I need the toilet? What support needs do I have around toileting?

Moving around - Do I use any aids to support me?

Personal care - How do I wash and dress? How much support do I need?

Pain - How would you know if I am in pain?

Sleep routine - Do I have equipment to help my posture and safety whilst I sleep?

My likes and dislikes:

Likes - How can I be supported to stay calm and happy:

Dislikes - What you can do to help if I get anxious or sad:

Details of others involved in my care:

Details of teams involved in my care, for example the local occupational therapy or physiotherapy teams, and details for family members close to me.

Other important information:

Notes:

Do you have a concern, complaint or comment?

Patient Relations Team, Herefordshire and Worcestershire Health and Care NHS Trust 2 Kings Court, Charles Hastings Way, Worcester, Worcestershire WR5 1JR

Tel: 01905 681517 Email: Whcnhs.pals@nhs.net

Do you have a communication or information support need?

If so please contact the person who gave you this leaflet so that those needs can be recorded and responded to.

Do you need to know about accessibility?

Read our detailed guides at
www.AccessAble.co.uk



**Do you get stressed,
anxious or have low
mood?**

Visit www.hacw.nhs.uk/healthyminds to
find out more or call 0300 302 1313.



@HWHCTNHS



@HWHCT_NHS