MINDMATTERS COI
SEED FUNDING APPLICATIONS
MAY 2022

MindMatters COI

Reducing Stigma
Promoting Connections
Clergy Training and Supports
Mental Health and Faith

ABOUT MINDMATTERS COI

MindMatters COI is a three-year project aimed at promoting and supporting positive mental health within the Church of Ireland and the wider community. Research was completed at the end of 2021 and over 1200 members of the Church participated. A copy is available here.

Four main themes emerged:

- **Reducing stigma:** There is a significant level of stigma in relation to mental health issues
- **Promoting connections:** Connections play an important role in positive mental health
- **Clergy training and supports:** Clergy often lack the training required to support parishioners experiencing mental health issues, and many clergy also feel unsupported in relation to their own mental health
- **Mental Health and Faith:** Faith and prayer are important to the mental health of churchgoers and clergy

FUNDING FOR LOCAL INITIATIVES

This phase of the project will provide financial support for local mental health promotion initiatives which will address one/all the themes outlined above. Applications are now open and to apply an application form must be completed. The closing date for receipt of applications is **Friday, 29th July 2022**. It is envisaged that funding will be available from early autumn 2022.

WHO CAN APPLY?

Applications are encouraged from Church of Ireland churches and organisations including:

- *Dioceses*
- *Parishes*
- *Parish organisations*
- *Youth groups*
- *Other groups with a particular interest in mental health*

Joint applications are also welcomed. If you are unsure if you are eligible to apply, please contact the project team at: mhp@rcbdub.org / 00353 1 4125660.

WHAT TYPE OF INITIATIVES WILL BE FUNDED?

Initiatives must address at least one of the four themes and be sustainable in nature. Examples of projects could include a focus on creativity, nutrition, self-expression, education, dialogue and healthy living. If you have any questions about initiatives please do contact the team for guidance and support.

Other examples could include:

Reducing stigma	Look at the 5 steps to well-being as a main theme and work from that framework	Drama and art are always good mediums to express emotions - curate a creative piece around the issues of poor MH and how/what we can do to support well-being	Link with the See Change Green Ribbon Campaign - Changing minds about mental health, one conversation at a time
Promoting connections	Fun day Introducing people to pen pals Encouraging different age groups to spend a few hours together to get to know each other	Link in with other external groups and engage in some shared learning, training, social events, and cross community programmes	Be active: organise a walk/ marathon/dance maybe followed by a BBQ etc Learn grounding techniques and get involved in nature focused activities such as gardening and outdoor pursuits
Clergy training and supports	Participating on training programmes such as SafeTalk, Mental Health First Aid etc	Using the Action Planning model from our training partners, Action Mental Health, to identify areas of concern in your community/church and develop local plans	Speak to young people, adults, and parents about what they feel the issues are and how they feel they might be addressed
Mental Health and Faith	Inviting a speaker to talk about mental health during a service	Conversations on mental health and theology	Keep learning - organise faith and mental health awareness workshops

WHAT LEVEL OF FUNDING IS AVAILABLE?

There are three levels of funding available.

- **Band 1:** Applications up to £500.00 / €600.00
- **Band 2:** Applications up to £3,000.00 / €3,500.00
- **Band 3:** Applications up to £10,000.00 / €12,000.00

HOW DO I APPLY?

Application forms can be accessed here. If you would like a hardcopy of the application form, please email mhp@rcbdub.org or call: 00353-1-4125660 and a copy of the application form will be sent out to you. The closing date for receipt of applications is **29th July 2022**.

The application form **must be signed** by someone who has attended the Mindmatters COI 'Mental Health Awareness' training, run by Action Mental Health. It is also important that the Rector / Archdeacon, or in the case of a Band 3 grant, the Bishop, is aware of this application. Their signature should be included as part of the application.

Applications can be emailed to: mhp@rcbdub.org or posted to: MindMatters COI C/O Rebekah Fozzard, Church of Ireland House, Church Avenue, Rathmines, Dublin 6, D06 CF67. All applications will be acknowledged.

MINDMATTERS COI SEED FUNDING APPLICATION FORM

Closing Date: 29th July 2022

The amount of detail provided should reflect the level of funding requested

Project Title			
Name of applicant			
Contact Details of applicant			
Parish			
Diocese			
Band applied for *(Please tick)*	**Band One** £500.00 / €600.00 ☐	**Band Two** £3,000.00 / €3,500.00 ☐	**Band Three** £10,000.00 / €12,000.00 ☐
Amount requested			
Brief description of the initiative *(No more than 500 words. A separate sheet can be used if necessary)*			
Theme/s selected			
Impact & Benefits			
Evidence of sustainability			
Budget			
Name and signature of MindMatters COI Training attendee/s			
Signature of Rector/Archdeacon / Head of Organisation			
Signature of Bishop if required			
Consent received from all those whose personal details are included in the application form?	Yes ☐		

THE SMALL PRINT...

EVALUATION CRITERIA

Panel members will be asked to score each application on the following five criteria:

a) *This application is relevant to the scope of the project with relevant theme/s clearly identifiable*

b) *The quality of the proposal is clearly demonstrated*

c) *This application clearly outlines how this funding will contribute to positive mental health*

d) *The application clearly outlines the sustainability of the project*

e) *The application demonstrates value for money*

ASSESSMENT PANELS

Applications will be assessed within 8-10 weeks of the closing date, 29th July 2022. The panel will make its recommendation to the Mindmatters COI Advisory Board for ratification. All applicants will be communicated with to advise the on the status of their application.

FUNDING

All awards made will be paid into an official Church of Ireland account and receipts may be required. Terms and conditions may be applied to any award.

PROJECT REPORTS

Successful applicants will be required to submit a project report detailing their outputs and deliverables on completion of the project. A report template will be circulated for completion and proportionate to the level of funding received.

Recipients will be requested to complete a project evaluation. The project reports, in full or extracts of, may be used in the evaluation report, at the conference, on the project website, and/or for future projects. Photos and imagery are encouraged to be included. Please ensure permission has been received to use any images prior to submission.

CONFERENCE

Recipients will be invited to attend the end of project conference. The conference will take place in association with the National Cathedral, St. Patricks, Dublin in late 2023.

DATA PROTECTION

All application forms and information contained within will be collected and saved for the lifetime of the project. Consent should be received before including and/or using any personal information. Personal data is any information that can identify an individual either directly or indirectly. This includes name, location, images, social media, and anything relating to the physical, economic, cultural or social identify of a person. All personal data will be processed as outlined with the project's data protection statement. A copy is available from the project team.

USEFUL TERMS AND CONDITIONS

- *Applicants may apply for more than one band but funding may only be awarded to one application. Therefore, it is important to specify the priority of applications.*

- *Applicants must be members of, or affiliated with, the Church of Ireland.*

- *Application forms must be complete and all relevant material must be displayed within the application form.*

- *Application forms must display information clearly and concisely.*

- *It must be clear from the application that the theme/s of the project has been taken into account.*

- *Funding received must be used for the project outlined in the application.*

- *Successful applicants must apply in writing to the project team, no later than three months before the expiry of the funding, to make any changes to their application.*

- *The start date of the project will be from late autumn 2022. The funding must be spent by June 2023.*

- *Successful applicants will be required to submit a project report detailing their outputs and deliverables on completion of the project. Photographs should also be included if possible (ensure consent is received to share and use the photographs).*

- *Any under-spend must be returned within 2 months of the end of the project.*

- *Successful applicants will be required to provide details of their actual spend compared with their budgeted spend at the end of the award period.*

- *In the event that more applications are received than funding available, the final decision rests with the evaluation panel.*